



## Sunday, May. 3 - Sunday, May. 17



Adirondack Lakes & Trails Outfitters, Saranac Lake  
**Spring Peeper Sale**  
 Sunday, May. 3

Store-wide discounts on new boats, accessories, SUPs, clothing and used inventory. Bundle a PFD and paddle and save more!



Adirondack Artists Guild Gallery, Saranac Lake  
**Fiddleheads and Ferns**  
 Sunday, May. 3 (+12 more)

The Adirondack Artists Guild will host a group show "Fiddleheads and Ferns" May 1 to June 2.



Saranac Lake Free Library, Saranac Lake  
**May and June Art Show: Moving Mountains**

every week on Monday, Tuesday, Wednesday, Thursday, Friday, Saturday until May 27, 2027

May and June Art Show: Moving Mountains This May and June, the library will feature Ren Davidson Seward and Peter Seward for Moving Mountains, an exhibition of artwork from their December 2025 artist residency...



PlayADK Clubhouse, Saranac Lake

## **PlayADK Infant & Toddler Play Groups**

every week on Monday, Tuesday, Friday

Join the Infant & Toddler Playgroups for a Summer of Play! Infant & Toddler Playgroups: Play ADK will offer our first infant & toddler playgroups! The playgroups will be held three times per week -- Mondays, Tuesdays,...



Saranac Lake Free Library, Saranac Lake

## **Mindful Movement for Seniors**

Monday, May. 4 (+3 more)

Move your body with Chair Yoga for Seniors at the Saranac Lake Library! Join certified yoga instructor Mary Bartel on Mondays, for 45 minutes of peaceful, mindful chair yoga. No registration required, free to th...



Waterhole Music Lounge, Saranac Lake

## **Free Pool Tuesday at the Waterhole**

every week on Tuesday until January 23, 2027

Free Pool Tuesday at the Waterhole Free Pool Tuesdays are on at the Waterhole in Saranac Lake. Stop in every Tuesday from 5:00 PM to 1:00 AM and play pool for free all night long. Enjoy \$3 PBRs and \$1...



Bitters & Bones, Saranac Lake

## **Trivia Night at Bitters & Bones**

Tuesday, May. 5

Join us for a fun evening of trivia, competition, and community.



Saranac Lake Free Library, Saranac Lake

## **Free Community Yoga Classes**

Tuesday, May. 5 (+1 more)

Free Community Yoga Classes with Elise Philips Event: Free Community Yoga Time: 6:00 PM Tuesday Location: Cantwell Room, Saranac Lake Free Library!



Saranac Lake Free Library, Saranac Lake  
**Babies and Toddlers Music Hour at the Library**

every week on Wednesday until April 28, 2027

Come make some noise at the library! Infants and toddlers are invited to come make music in a family-friendly environment in the Cantwell Room of the Saranac Lake Free Library, Tuesday's at 11am. This...



Saranac Lake Free Library, Saranac Lake  
**Storytime at the Library**

every week on Thursday until March 31, 2027

Come enjoy storytime at the library! Thursdays at 10:30am. Ages birth to 5. No registration required. Join us for songs, rhymes, and stories! See events calendar at [slfl.org/events](http://slfl.org/events) for full schedule.



Saranac Lake Free Library, Saranac Lake  
**Knitterondackers at the Library**

every week on Thursday

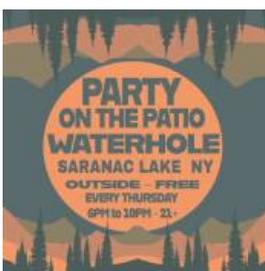
Knitterondackers - Knitting Group Calling all knitters! Join us for Knitterondackers, a free and open knitting group at the Saranac Lake Free Library. Whether you're a seasoned pro or just starting out, this group is the...



Belvedere Restaurant, Saranac Lake  
**Free Pool Thursday**

every week on Thursday until May 29, 2026

Enjoy thrifty Thursday's with free pool, \$1 off all drinks, and half-price appetizers with the purchase of an entrée.



Waterhole Music Lounge, Saranac Lake  
**Party on the Patio 2026**

Thursday, May. 7 (+1 more)

On Thursday's April-October, join us at the Waterhole Music Lounge for live music performances outside on the patio!



Waterhole Music Lounge, Saranac Lake  
**Karaoke Night at the Waterhole**  
every week on Thursday until May 28, 2026

Karaoke Night at the Waterhole Join us every Wednesday for a night of singing and fun at the Waterhole! Event Details: Date: Every Thursday Time: 8:00 PM - Midnight Location: The Waterhole,...



**Can-Am Rugby Registration is Open**  
every week on Friday until June 30, 2026

Can-Am Registration is Open! Teams are locking in, have you registered yet? The 52nd Annual Can Am Rugby Tournament returns July 24–26, featuring 100+ teams, multiple divisions, and three full days of nonsto...



**Celebrate Paddling ADK**  
Friday, May. 8 (+1 more)

Visit Saranac Lake in the Adirondack Mountains during the month of June and enjoy a full slate of paddling activities on some of the most beautiful waters in North America.



Hotel Saranac, Saranac Lake  
**North Country Cybersecurity Conference**  
Friday, May. 8 (+2 more)

Join cybersecurity professionals, business leaders, and emerging talent for the 7th Annual North Country Cybersecurity Conference, the region's premier event focused on practical, real-world security strategies.



North Country School, Lake Placid  
**BETA's 40th Anniversary & Annual Meeting**  
Friday, May. 8

Join us for a landmark evening as we celebrate 40 years of the Barkeater Trails Alliance (BETA)!



Harrietstown Town Hall, Saranac Lake  
**10 Years of Glitter and Gold Gala**  
 Friday, May. 8

10 Years of Glitter & Gold Gala When: Friday, May 8 | 6:00-8:00 PM Where: Harrietstown Town Hall Cost: \$5 Celebrate a decade of movement, creativity, and community at the 10 Years of Glitter & Gold Gala with...



Saranac Lake Free Library, Lake Placid  
**Magic & Dungeons and Dragons at the Library**

every week until February 6, 2027

Magic & Dungeons and Dragons at the Library Various groups will be playing both Magic: the Gathering and Dungeons and Dragons. Free to play, all ages and experience levels welcome. Link to the D&D discord...



Waterhole Music Lounge, Saranac Lake  
**Knorrwood: Over the Shire & Far Away at Waterhole Music Lounge**

Friday, May. 8

Knorrwood: Over the Shire & Far Away A Rock & Roll Tribute to Lord of the Rings & Led Zeppelin. Featuring Costumes, Story Telling & Stunning Visuals Where: Waterhole Music Lounge in Saranac Lake, NY When:...



Waterhole Music Lounge, Saranac Lake  
**Spring Live Music Lineup at Waterhole Music Lounge**

Friday, May. 8 (+2 more)

Spring Live Music Lineup at Waterhole Music Lounge Catch a full season of live music, tribute bands, and dance parties at the Waterhole Music Lounge upstairs venue in downtown Saranac Lake. From Grateful Dea...



St Bernard's Roman Catholic Church, Saranac Lake  
**Northern Lights Choir Spring 2026 Concert**

Friday, May. 8

Enjoy an evening of timeless American pieces that speak truth to history and pay tribute to the hard-fought pillars of this land in celebration of its 250th anniversary.



Ampersand Bay Resort, Saranac Lake

## 'Round the Mountain

Saturday, May. 9

The 10.5 mile flatwater races start at 11:00 a.m. at Ampersand Bay Resort on Lower Saranac Lake. Paddlers go southwest to Bluff Island, where they turn south into the Saranac River. Competitors then follow...



Hotel Saranac, Saranac Lake

## Mother's Day Saturday Celebration at Hotel Saranac

Saturday, May. 9

Treat the special women in your life to a day of yoga, a mimosa, and farmers' market shopping at the Hotel Saranac!



St. Regis Canoe Outfitters, Saranac Lake

## NFCT Bootcamp Weekend

Saturday, May. 9 (+1 more)

NFCT Bootcamp Weekend Dates: May 9–10, 2026  
Time: 9:00 AM – 5:00 PM daily Cost: \$275  
The Northern Forest Canoe Trail offers paddlers a wide range of challenges, including sections of moving wat...



## PlayADK Free Play Hours

every week on Saturday

Join Free Play Hours for a Summer of Play! The Clubhouse features a mini play kitchen, a small climbing structure, a ball pit, a quiet reading nook, bubbles, chalk, a coloring/craft station, Legos,...



Saranac Lake Free Library, Saranac Lake

## Saturday Stitches

Saturday, May. 9

Craft, Create, and Connect: The Saturday Stitches' Circle Calling all sewing enthusiasts! Whether you're a seasoned stitcher or just starting your creative journey, join the Saturday Stitches for a relaxed and inspiring...



Bike Lake Placid at the Rail Trail, Lake Placid

## Mother's Day 5k & 10k Race

Saturday, May. 9

Get ready to kick off your Mother's Day weekend with a fresh tradition on the Adirondack Rail Trail.

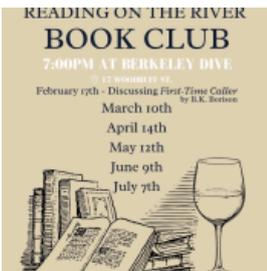


250 Lake Flower Ave, Saranac Lake

## Mothers Day Buffet at Lakeside Drift

Sunday, May. 10

Celebrate Mother's Day at Lakeside Drift with a special buffet made for the occasion. Join us for a full day of lakeside dining featuring brunch favorites, hearty main courses, and desserts — all in one experience. Buffet...

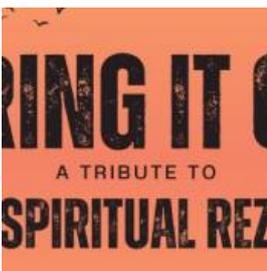


Berkeley Dive, Saranac Lake

## Reading on the River Book Club

Tuesday, May. 12

Join us Tuesday, January 13th at 7pm for our kickoff meeting, with drink specials and treats to enjoy while we gather.



Waterhole Music Lounge, Saranac Lake

## Bring It On: A Tribute to Spiritual Rez at Waterhole Music Lounge

Friday, May. 15

Bring It On: A Tribute to Spiritual Rez The Peoples Band fest members of Annie in the Water Bring it On: A Tribute to Spiritual Rez featuring members of Annie in the Water, Joshua West Band, Satyrdagg and more!...



## Cruel Summer: A Live Band Tribute to Taylor Swift at Waterhole Music...

Saturday, May. 16

Cruel Summer: Live Band Tribute to Taylor Swift Cruel Summer is a live band tribute to Taylor Swift and includes choreographed routines, era-specific costumes, and a setlist spanning Swift's entire Era's...



Riverside Park, Saranac Lake

## Saranac Lake Farmers' Market

Saturday, May. 16

Saranac Lake's Outdoor Farmer's Market is back this season! Discover the bounty of local flavors and vibrant community spirit at the Saranac Lake High Peaks Farmers Market, held in the picturesque Riverside Par...

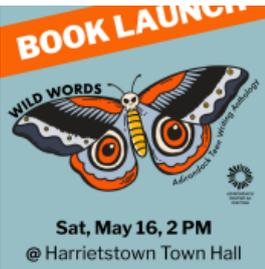


The Station, Vermontville

## ADK Outdoor Expo & Community Gear Swap

Saturday, May. 16

The Station and Silver Birch Cycles are back again for their annual event packed with outdoor gear swapping, hands-on workshops, gear demos, games, live music, and all-ages fun.



Harrietstown Town Hall, Saranac Lake

## 2026 Wild Words Book Launch

Saturday, May. 16

2026 Wild Words Book Launch Join us to celebrate the launch of the 2026 Wild Words Adirondack Teen Writing Anthology. The book launch will feature readings by teen writers from all over the North...



1719 State Route 3, Bloomingdale

## Yoga on Tap

Sunday, May. 17

Yoga on Tap Join in on an all levels welcome yoga practice graciously hosted by Hex & Hop Brewing! Lisa Bradrick will lead students through a fun, accessible practice! The cost is \$20 per student with all proceeds...



Saranac Lake Free Library, Saranac Lake

## Saranac Lake Collage Collective

Sunday, May. 17

Saranac Lake Collage Collective meets on the 3rd Sunday of each month. Stop by to cut and paste a collage from old books and magazines. Free, all supplies supplied. Drop by anytime between 2-5pm at...



Hotel Saranac, Saranac Lake

## Queer Lit Night Queer Prom

Sunday, May. 17

Queer Lit Night Queer Prom Join us at Hotel Saranac (NOTE: the venue change just for this month!) for our May Queer Lit Night. The theme is QUEER PROM and we're so excited to offer reading & writing in the Great...

## Local Notice



Olympic Conference Center, Saranac Lake

### **ROOST & Olympic Authority Host Business After Hours & Networking...**

Wednesday, May. 13

The Olympic Authority and ROOST invite you to a Business After Hours & Networking event at Roamers Café & Bar.